

# ARMOR OF GOD



## WEEK 1: INTRODUCTION

Right now, it is abundantly clear that we can't put a price on preparedness.

How prepared did you feel for this season? If you had the opportunity to prepare, what might you have done differently? Even then, how well can you truly prepare for the unknown?

Over the course of this summer, the entire RBI Austin community is diving into the Armor of God as described in Ephesians 6:10-17:

- The belt of Truth
- The breastplate of Righteousness
- The sandals of the Gospel of Peace
- The shield of Faith
- The helmet of Salvation
- The sword of the Spirit

### Why does this matter?

We want to equip our RBI Austin kids to play and to win in life – no matter what comes their way. With the help of our Lord and Savior, Jesus Christ, this is possible. In the Bible, we learn how we can truly equip ourselves to win... in the midst of the unknown and in the face of darkness.

Each week, we will focus on a different piece of armor and the value it adds to our lives in the fight against internal and external darkness. Our prayer is that each piece would inspire confidence and a hope in Jesus Christ that lasts through eternity.

**Remember:** In Christ, we are equipped for the battle; therefore, we are already winners!

### PUT IT IN ACTION

#### Parents/Guardians/Coaches:

- **Invite** your kids to think about a time when they were not prepared to take on a challenge. How did this make them feel? What was the outcome?
- **Practice** the memory verse at meal time or at the end of practice with your kids.
- **Pray** before meals or at the end of practice that your family/team would put on the full armor of God.

## MEMORY VERSE OF THE WEEK

"Put on the whole armor of God that you may be able to stand against the schemes of the devil."

— Ephesians 6:11