



RBI
AUSTIN

ARMOR OF GOD



WEEK 2: BELT OF TRUTH

In Ephesians 6:14, we are called to put on (or fasten) the belt of Truth.

Not all belts are created equal. For example, we have the belts that hold up our pants, and then we have tool belts. Think of the belt of Truth more like a tool belt – the type of belt that provides storage and allows us to carry helpful tools close to our body while we build something.

In the Bible, the belt of Truth is where we store our knowledge of God. It is something we must remember to put on every day. Why? Because the enemy wants us to make bad choices and not serve God. He wants our most helpful tools to be seemingly out of reach as we battle against his schemes.

So how do we fight well? We learn important truths about God, choose to believe those truths, and keep them close to us at all costs. Here are some truths that we can daily wear on our belt:

- Jesus Christ is God.
- We are all sinners in need of a Savior (Christ).
- Christ died for our sins to save us so that we may live.
- God forgives us when we ask for forgiveness.
- Because of Christ's sacrificial love, we can love others well.

Why does this matter?

These truths about God should inform how we conduct ourselves and how we engage with people around us – at home, in school, on the baseball field, in the dugout, and beyond.

Our prayer is that our RBI Austin kids carry the belt of Truth with them always, and that it would encourage them to keep trying, to forgive themselves and others, and to love well as they build a life worthy of the Gospel of Christ.

PUT IT IN ACTION

Parents/Guardians:

Ask your kids **what tools a builder might have on a tool belt** (e.g., a hammer, measuring tape, nails, etc.). Then, ask them to think about **what challenges a builder might face if he or she did not have their tool belt handy**.

Remind them that a builder must carry their tools with them in order to do their job well.

Lastly, explain how the belt of Truth is like a tool belt (freely given by God) for the protection of our hearts and minds. Then, share some of the truths it contains and why they are important.

MEMORY VERSE OF THE WEEK

Jesus answered, "I am the way and the truth and the life. No one comes to the Father except through me."

— John 14:6