



## WEEK 4: SANDALS OF THE GOSPEL OF PEACE

Think of a time when you didn't wear shoes to protect your feet. Maybe you were hanging at the beach, running around the house, or walking on fresh-cut grass. Most likely, it wasn't long before you needed to walk farther and required proper protection and support for your feet.

During the days of Jesus, people wore sandals to make their feet ready for travel. Jesus was a messenger who walked many miles so that he could share the good news of the Gospel with others. This Gospel was a message of Peace. Now imagine if Jesus didn't have sandals. Without them, it would have been difficult for him to share this message on foot, and ultimately, fulfill his purpose here on Earth.

Ephesians 6 calls us to ready our feet with the sandals of the Gospel of Peace. These sandals help equip us for the journey of life. Throughout this journey, we will encounter many people, places, and experiences that cause us to worry. Fortunately, if we have the proper protection that the Gospel of Peace provides, we will keep our footing and remain stable in the truth and knowledge of God. We will continue on the journey without fear.

This week, we want to challenge you and your family to put on the sandals of the Gospel of Peace, to stand firm in God's peace, and to have confidence as you live out your life no matter how difficult the journey may be.

### PUT IT IN ACTION

#### Parents/Guardians:

Have you ever talked to your family at the dinner table about the highs and lows of your day? Highs can be encouraging words from a friend, a good grade, or receiving the game ball. Lows can be a fight with someone, a tough school assignment, or an unfair situation. These things can leave us feeling stuck.

God never promises a life without lows. However, he does promise peace, if we walk with him. Putting on the sandals of the Gospel of Peace provides the best grip to journey through life's highs, low, and everything in between.

- **Ask** your kids what would happen if they ran to home base with no shoes on. With flip-flops? With tennis shoes? With cleats?
- **Ask** them which shoes provide the best protection for the game. **Explain** how cleats provide the best grip, which helps them keep their footing and get to home base faster.
- **Ask** your kids about their "highs" and "lows" of the week. Encourage them to put on the sandals of the Gospel of Peace so no matter what highs or lows they encounter, they can stand firm in God's peace.

## MEMORY VERSE OF THE WEEK

"He came and preached peace to you who were far away and peace to those who were near."

— Ephesians 2:17