

FRUITS OF THE SPIRIT

PEACE

The summertime can often be more stressful than the rhythms and routines of the school year. The Texas summers are hot, there are many activities to coordinate, and the ever-increasing Austin traffic may cause some tension as you take your child from one place to another as they are out of school.

We also know being a baseball or softball parent can be stressful with tense moments during games where your child has the opportunity to come through in the clutch on the field or experiences growing pains in learning how to be part of a team with teammates.

Regardless of how a game goes in this life, no matter who wins or loses, remember that the Good News is that Jesus died and rose to win the game that we cannot win ourselves. Thank goodness that our Savior defeated the giants of sin, death, and the power of the devil. May the peace of Christ fill our hearts as we wait to reign forever with Him as undefeated Champions on His team.

Is there anything that you are causing you to be anxious that you can pray to the Lord for peace about? Is there anyone you could extend peace to this week? **How can you practice peace this week?**

MEMORY VERSE OF THE WEEK

I [Jesus] have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world. - John 16:33

TRY IT AT HOME!

- **Practice** the memory verse at meal time or before bed with your kids.
- **Pray** before meals that your family would be full of peace in a world that is stressful.
- **Ask** your child to identify one way he or she can display peace this week. Be specific!



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