

# **Week 1: "Be Strong and Courageous... The Jesus Way"**

## **Home Plate - Team Huddle Chat / Prayer About Hopes and Fears**

What are you excited about and looking forward to this week? What are you nervous and anxious about this week?

Because of Jesus' death and resurrection, we are able to talk to God about what's going on in our lives on and off the baseball/softball diamond. In God's Word, Jesus teaches us that we can **pray in his name** anytime, anywhere, and about anything to our Heavenly Father.

Dear Heavenly Father, we pray that you give us strength and courage to/for... (allow ballplayers/coaches to speak any prayer requests they would like to share with the team)... in the name of Jesus... Amen.

## **1st Base** - Jesus Gives Us Strength and Courage

In what ways does Jesus give us strength and courage... moment by moment, day by day, week by week, month by month?

In what ways does Jesus give us strength and courage... at home / with our families and friends / in our neighborhoods / in the greater Austin area and beyond?

## **2nd Base - Bible Verse - Word for The Week**

Psalm 27:1 - "The Lord is my light and my salvation — whom shall I fear? The Lord is the stronghold of my life — of whom shall I be afraid?"

What is something you/your team can do to "be strong and courageous... the Jesus way" this week?

#### **3rd Base - The Life (Works & Words) of Jesus Christ The Savior of the World**

Jesus demonstrated strength and courage in the most perfect way for us to learn from and live out. Jesus as the God-Man shows us how to be strong and courageous by the power of the Holy Spirit.

- Jesus came into this world as The Light of The World.
- Jesus came to show us (to light) the way to eternal/everlasting life with him.
- Jesus came from heaven to earth to save/rescue us from sin, death, and the power of the devil.
- Jesus keeps us safe and secure with him (then, now, and always) and he tells us to not be afraid.
- Jesus plus nothing equals everything.

#### **Circling the Bases** - People in the Bible of Strength and Courage Whose Lives/Legacies Connect to Jesus

**Noah (Genesis 6-8)** - What can we learn from Noah in the Bible about perseverance when team and individual results on the baseball/softball diamond are slow, and not what we would like for them to be?

**Abram (Genesis 12, 15)** - What can we learn from Abram in the Bible about stepping into the unknown - i.e. perhaps playing baseball/softball for the first time, playing on a new baseball/softball team for the summer, playing a different position, or playing now in the RBI division after having played Jr RBI?

**Joseph (Genesis 37, 41-45, 50)** - What can we learn from Joseph in the Bible about being strong and courageous amid various adversity (i.e. trials and temptations) in baseball/softball and life?

**Moses (Exodus 1-20)** - What can we learn from Moses in the Bible about overcoming our fears, doubts, and insecurities, and doing hard and difficult things, on and off the baseball/softball diamond?