



Week 2: "Be Strong and Courageous... The Jesus Way"

Home Plate - Team Huddle Chat / Prayer About Hopes and Fears

What are you excited about and looking forward to this week?

What are you nervous and anxious about this week?

Because of Jesus' death and resurrection, we are able to talk to God about what's going on in our lives on and off the baseball/softball diamond. In God's Word, Jesus teaches us that we can **pray in his name** anytime, anywhere, and about anything to our Heavenly Father.

Dear Heavenly Father, we pray that you give us strength and courage to/for... (allow ballplayers/coaches to speak any prayer requests they would like to share with the team)... in the name of Jesus... Amen.

1st Base - Jesus Gives Us Strength and Courage

In what ways does Jesus give us strength and courage... throughout the year... through the highs and lows, ups and downs, and mountaintops and valleys of life?

In what ways does Jesus give us strength and courage... at school / during extra- and co-curricular activities / at work / during the summertime / during baseball and softball season / the offseason?

2nd Base - Bible Verse: Word for The Week

Proverbs 3:5–6 - "Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to Him, and He will make your paths straight."

What is something you/your team can do to "be strong and courageous... the Jesus way" this week?

3rd Base - The Life (Works & Words) of Jesus Christ The Savior of the World

Jesus demonstrated strength and courage in the most perfect way for us to learn from and live out. Jesus as the God-Man shows us how to be strong and courageous by the power of the Holy Spirit.

- Jesus is promised in the Old Testament, and he is revealed and fulfilled in the New Testament.
- Jesus leads us, guides us, and directs us through his Word - The Bible (Holy Scripture).
- Jesus trusted in and followed/submitted to God's Will (and why/mission/purpose) for his life.
- Jesus is The Way, The Truth, and The Life.
- Jesus is very much present in our lives as our Good Shepherd loving us and caring for/about us.

Circling the Bases - People in the Bible of Strength and Courage Whose Lives/Legacies Connect to Jesus

Joshua (Joshua 1-4) - What can we learn from Joshua in the Bible about stepping out of our "comfort zones," and knowing we are never alone in the battles we face on and off the baseball/softball diamond?

Hannah (1 Samuel 1-2) - What can we learn from Hannah in the Bible about turning to the Lord in prayer for strength and courage - that is bringing our requests/pain to the Lord instead of hiding it or giving up?

Ruth (Book of Ruth) - What can we learn from Ruth in the Bible about making good choices, showing up daily/in the mundane, and doing the next "right" thing, as baseball/softball players and as people?